

# **Know Yourself Better**

## **(and build better relationships)**

### **1) What things make you feel the most loved and valued?**

*(The Bible's description of love - 1 Corinthians 13:4-8)*

### **2) What things make you feel the most hurt or angry?**

*(Whatever the cause, don't sin, and address it as soon as possible - Ephesians 4:26-27)*

### **3) What things concern you the most?**

*(Is it concern out of selfish desires or according to God's will? - 2 Corinthians 7:10-11)*

### **4) What things do you wish or hope for the most?**

*(Is your hope (groaning) from the Spirit or from the flesh? Romans 8:22-27)*

### **5) What are you willing to do to change things?**

*(As we are led by the Word, not the world - James 1:22-25)*