



# Who or What is Your Anchor in the Storm?

**Read Mark 4:35-41 and consider the following questions:**

- 1) When the storm came up, how did the disciples react?
- 2) What was Jesus doing?
- 3) What kind of faith did the disciples have when the storm came?
- 4) What was Jesus' response to their cry?
- 5) Is Jesus the Anchor of your soul (Hebrews 6:19-20) or are you relying on ineffective substitutes? What might they be?

**How do we best prepare before the storm comes?**

- 1) Psalm 46:10
- 2) 2 Timothy 3:16-17
- 3) 1 Thessalonians 5:17; Luke 5:16; 18:1
- 4) Hebrews 10:25
- 5) Romans 12:13
- 6) James 1:22

***The storms of life don't make us what we are.  
They just reveal what we are.***

*Jesus  
is my  
Anchor*