

A Changed Life
In Christ

*As we discussed last time,
the first step is a surrender of our will
to Jesus Christ as Lord and Savior
(Romans 10:9-10)*

HE NOW GIVES US HIS:

- *POWER* - *2 Timothy 1:7*
- *PASSION* (*desire*) - *Psalm 20:4*
- *PEACE* - *John 14:27*
- *PURPOSE* - *Ephesians 2:8-10*
- *PROTECTION* - *John 17:15*
- *PROVISIONS* - *1 Timothy 6:17*
- *PROMISES* - *Jeremiah 29:11*
- *PROPITIATION* - *Romans 3:25*

*Now, we can Feed the spirit
and
Starve the demons*

FEED
THE
SPIRIT

Psalm 119:11

❖ *I have hidden your word in my heart that I might not sin against you.*

Psalm 119:105

❖ *Your Word is a lamp to my feet and a light for my path.*

Proverbs 3:5-6

❖ *Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and he will make your paths straight.*

Matthew 4:4

❖ Jesus answered: “It is written: ‘Man does not live on bread alone, but on every word that comes from the mouth of God.’”

Romans 12:1-2

» *Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God - this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of our mind. Then you will be able to test and approve what God's will is - His good, pleasing and perfect will.*

Philippians 4:8

❖

*Finally, brothers, whatever is true,
whatever is noble,
whatever is right,
whatever is pure,
whatever is lovely,
whatever is admirable -
if anything is praiseworthy - think about such things.*

Colossians 3:2



*Set your minds on things above,
not on earthly things.*

Colossians 3:16

❖ *Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God.*

2 Timothy 1:7



*For God did not give us a spirit of timidity,
but a spirit of power,
of love,
and of self-discipline.*

2 Timothy 3:16-17

*All Scripture is God-breathed
and is useful for teaching,
rebuking,
correcting,
and training in righteousness,
so that the man of God may be thoroughly equipped
for every good work.*

Hebrews 4:12



*For the Word of God is living and active.
Sharper than any double-edged sword,
it penetrates even to dividing soul and spirit,
joint and marrow;
it judges the thoughts and attitudes
of the heart.*

1 Peter 1:13

❖ *Therefore, prepare your minds for action;
be self-controlled;
set your hope fully on the grace to be given you
when Jesus Christ is revealed.*

Now it's up to us!

- *I encourage us all to choose one or two things we can do to feed our spirits.*
 - *Set regular time aside to be in the Word daily*
 - *Pray during the day and seek His guidance for the small and big things*
 - *Enjoy music that honors God*
 - *Become friends with others who love Him*
 - *Attend church and Bible study regularly*
 - *Lend a hand to those in need and serve with a heart of gratitude*
 - *Make a list of your blessings which helps develop an attitude of thankfulness*

STARVE
THE
DEMONS

Romans 13:13-14

❖ *Let us behave decently, as in the daytime, not in orgies and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy. Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the sinful nature.*

1 Corinthians 6:18



*Flee from sexual immorality.
All other sins a man commits
are outside his body;
but he who sins sexually
sins against his own body.*

1 Thessalonians 4:3-5

❖ *It is God's will that you should be sanctified: that you should avoid sexual immorality; that each of you should learn to control his own body in a way that is holy and honorable, not in passionate lust like the heathen, who do not know God;*

Galatians 5:24



*Those who belong to Christ Jesus
have crucified the sinful nature
with his passions
and desires.*

Ephesians 6:11



*Put on the full armor of God
so that you can take your stand
against the devil's schemes.*

God's Armor (Ephesians 6:14-17):

- *The belt of truth*
- *The breastplate of righteousness*
- *Feet fitted with the readiness that comes from the gospel of peace*
- *The shield of faith*
- *The helmet of salvation*
- *The sword of the Spirit, which is the Word of God*

Ephesians 4:25-27

Therefore each of you must put off falsehood and speak truthfully to his neighbor, for we are all members of one body. In your anger, do not sin. Do not let the sun go down while you are still angry, and do not give the devil a foothold.

Ephesians 5:11

❖ *Have nothing to do with the fruitless deeds of darkness, but rather expose them.*

Colossians 3:8-9



*But now you must rid yourselves of
all such things as these:
anger,
rage,
malice,
slander,
and filthy language from your lips.*

*Do not lie to each other, since you have taken off your old self
with its practices and have put on the new self, which is being
renewed in knowledge in the image of its Creator.*

2 Timothy 2:22-23



Flee from evil desires of youth, and pursue righteousness, faith, love and peace along with those who call on the Lord out of a pure heart.

Hebrews 12:1

❖ *Therefore, since we are surrounded by such a cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us.*

James 4:7

❖ *Submit yourselves, then, to God. Resist the devil, and he will flee from you.*

1 Peter 5:8-9

❖ *Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that your brothers throughout the world are undergoing the same kind of sufferings.*

*Consider some things to starve the “demons”
(bad habits):*

- *Discard entertainment not pleasing to God.*
- *Distance yourself from those of poor character and regularly making bad choices.*
- *Put filters on your computer and consider a trusted friend as an accountability partner if you need it.*
- *Give up music and other media with godless themes and messages.*
- *Identify your temptations and addictions and the ways you may be feeding them; then a plan to starve them.*

What personal commitment
will you make today to:

Feed your spirit

and

Starve the demons?