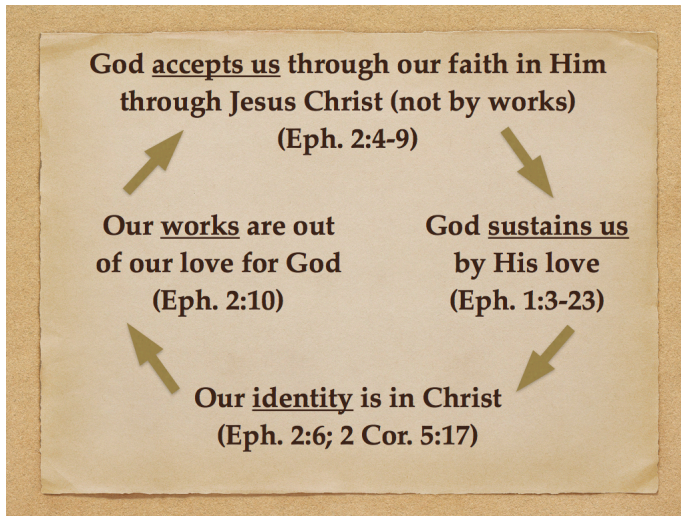


Addiction, and "The Cycle of Grace"

The Cycle of Grace:



The Cycle of Grief:



WITH ALL THE PAIN AND EMPTINESS,

Instead of Jesus, we find ways to:

avoid pain

(we withdraw from relationships and responsibilities),
and

seek pleasure

(behaviors that lead to addictions)

What is addiction?

"To be enslaved or in bondage to that which is harmful to ourselves, to others and to our relationship with God."

We are slaves to that which we obey.
(Romans 6:16-23)

Some examples of addictions:

Alcohol
Marijuana
Cocaine
Narcotics and heroin
Tranquilizers
Other substances
Gambling
Pornography
Sex
Food
Money

Work
Internet
Entertainment
Anger
Control
Gossip
Lying
Stealing
People pleasing
A person or relationship